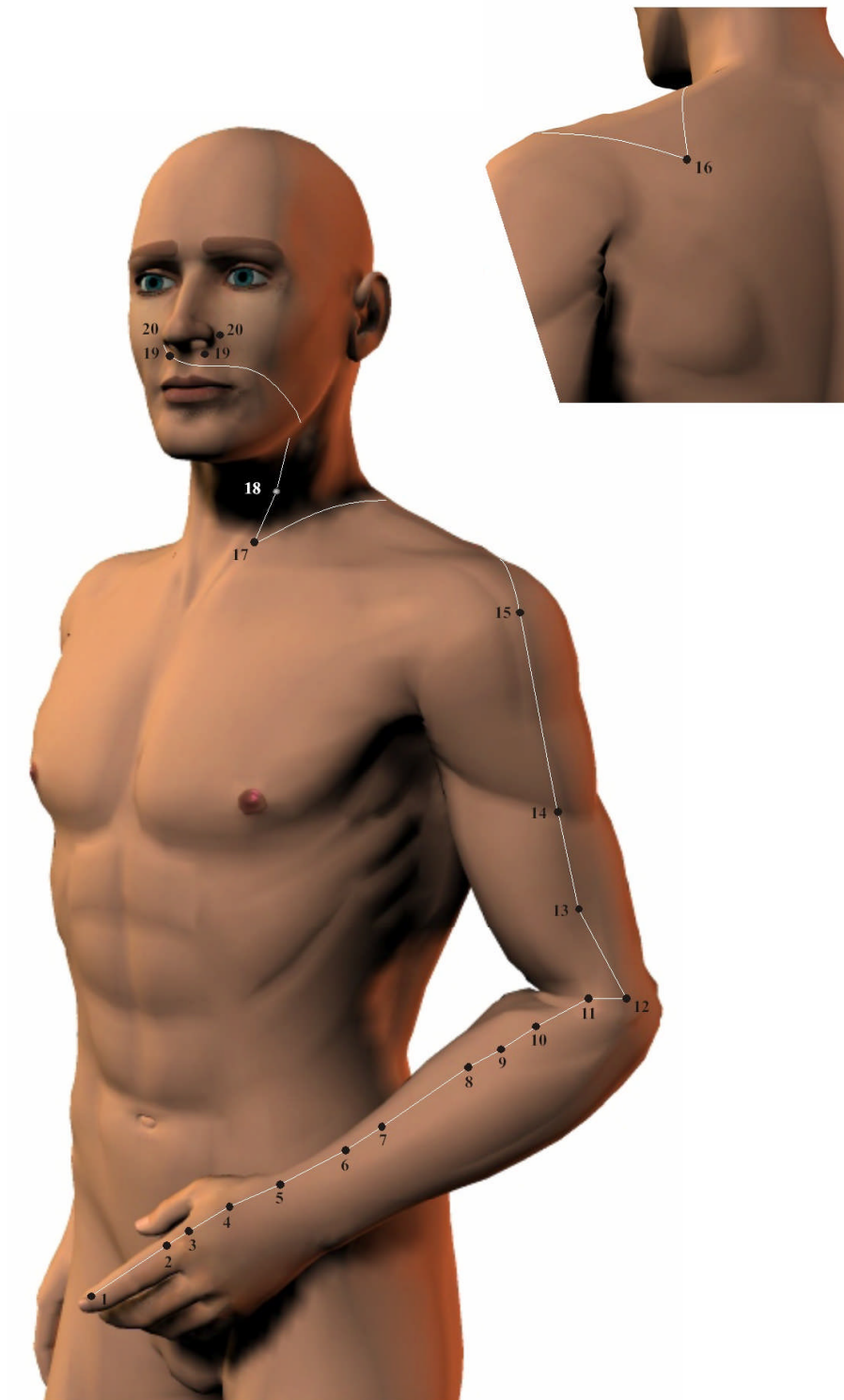
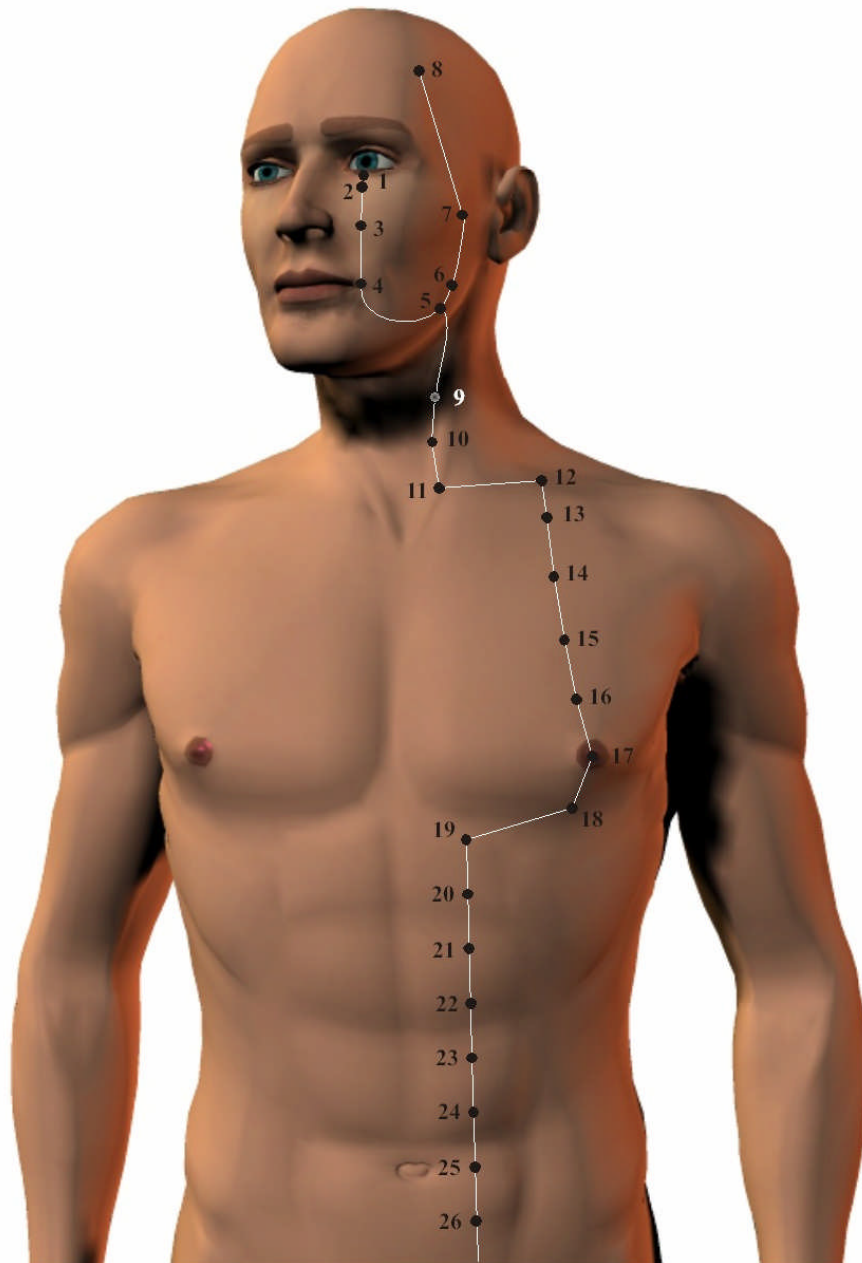


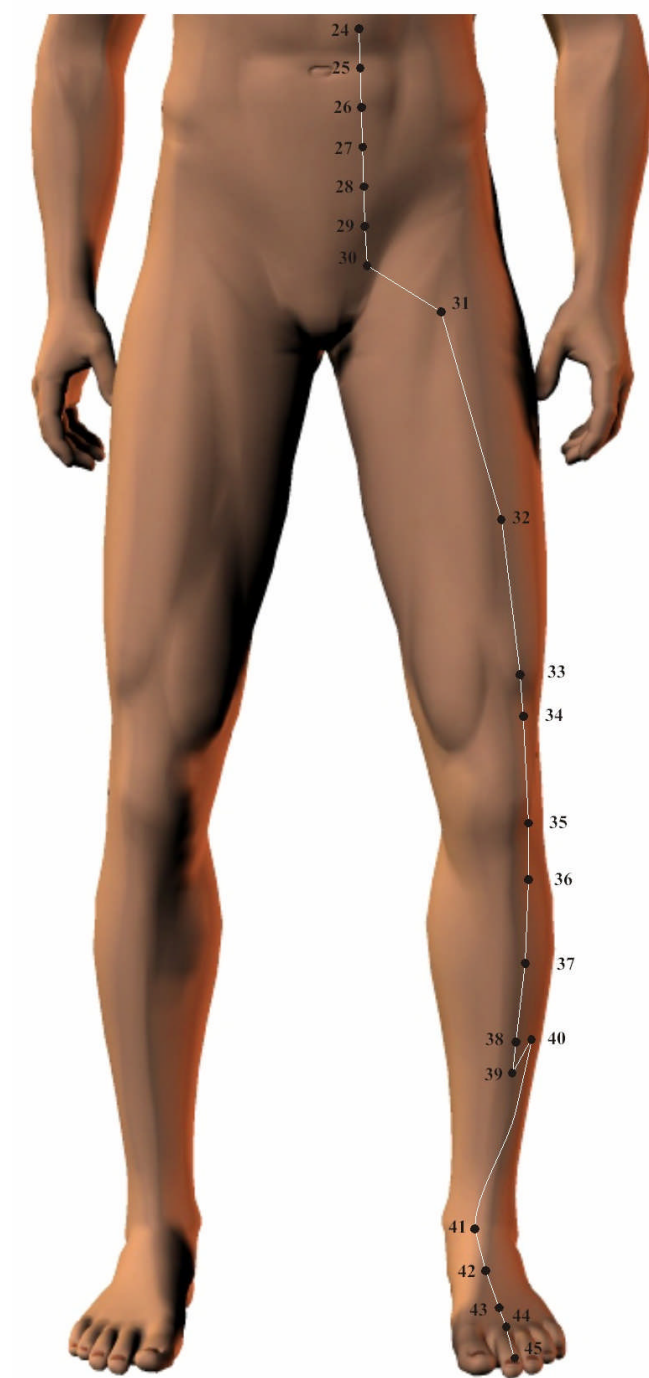
Large Intestine Meridian (LI)



Stomach Meridian (ST)



Stomach Meridian (ST)



Spleen Meridian (SP)

The Foot Greater Yin (Tai Yin) of the Spleen 21 points

The spleen of the Foot-Taiyin starts from the medial aspect of the tip of the big toe. It travels along the medial aspect of the foot at the junction between the red and white skin, ascends anteriorly to the medial malleolus up to the medial aspect of the leg. Passing through the anterior medial aspect of the thigh, it enters the inguinal region traveling along the anterior of the abdomen. It then curves lateral to the midline to the intercostal space up to the 2nd intercostal space. Then turns inferior to midway between the axilla and the free end of the eleventh rib.

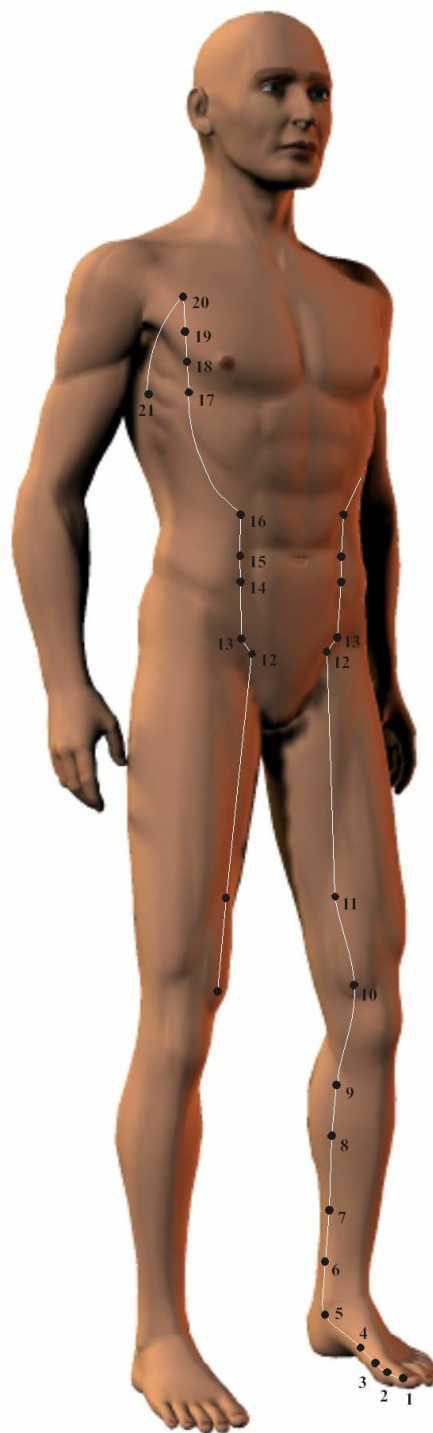
Command Points

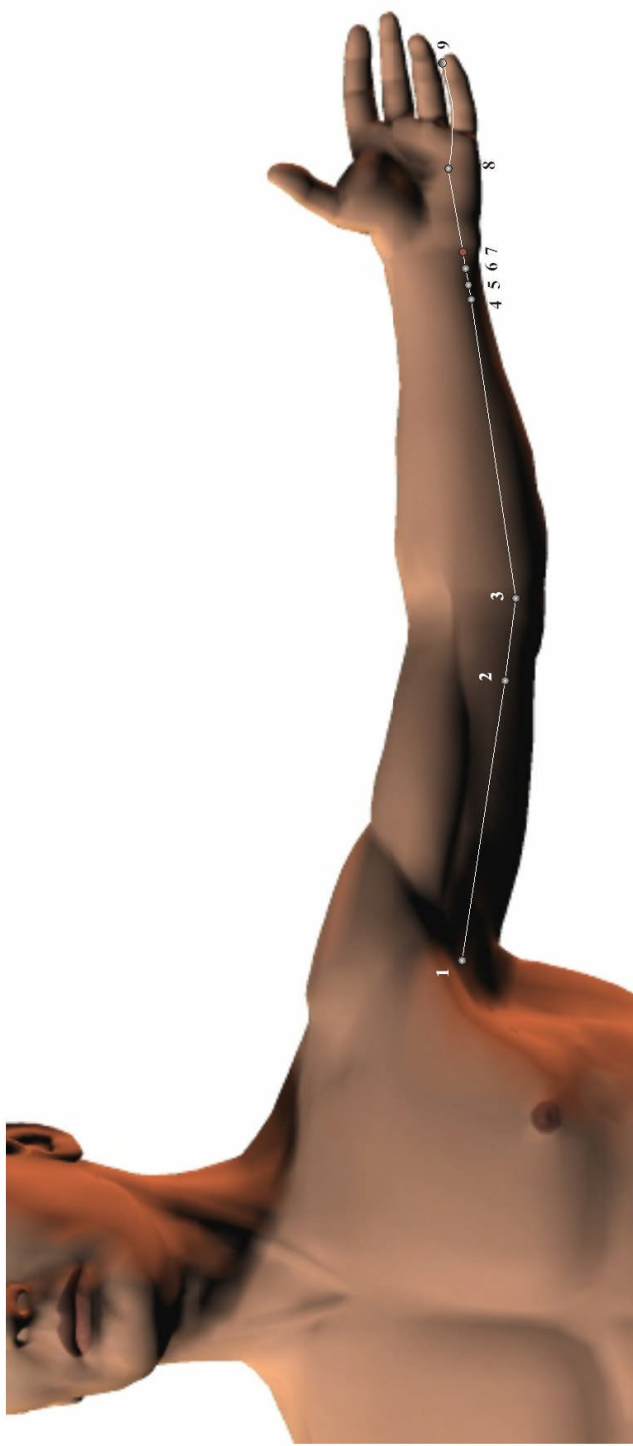
Water	SP9
Metal	SP5 Sedation Pt
Earth	SP3 Horary Pt
Fire	SP2 Tonification Pt
Wood	SP1
Luo	SP4
Xi-Cleft	SP8
Source	SP3

Spleen - Earth Element

Correspondences

Color	Yellow
Flavor	Sweet
Sense	Mouth
Emotion	Worry
Tissue	Muscles
Climate	Humidity
Sounds	Singing
Odor	Fragrant
Season	Autumn
Direction	Center





Heart Meridian (HT, HE)

The Hand Lesser Yin (Shao Yin) of the Heart 9 points

The heart channel of the Hand-Shaoyin starts in the center of axilla. From there it goes along the posterior border of the medial aspect of the upper arm. Passing through the cubital region, it descends to the pisiform region proximal to the palm and enters the palm. Then it ends at the medial aspect of the tip of the little finger.

Small Intestine Meridian (SI)

Command Points

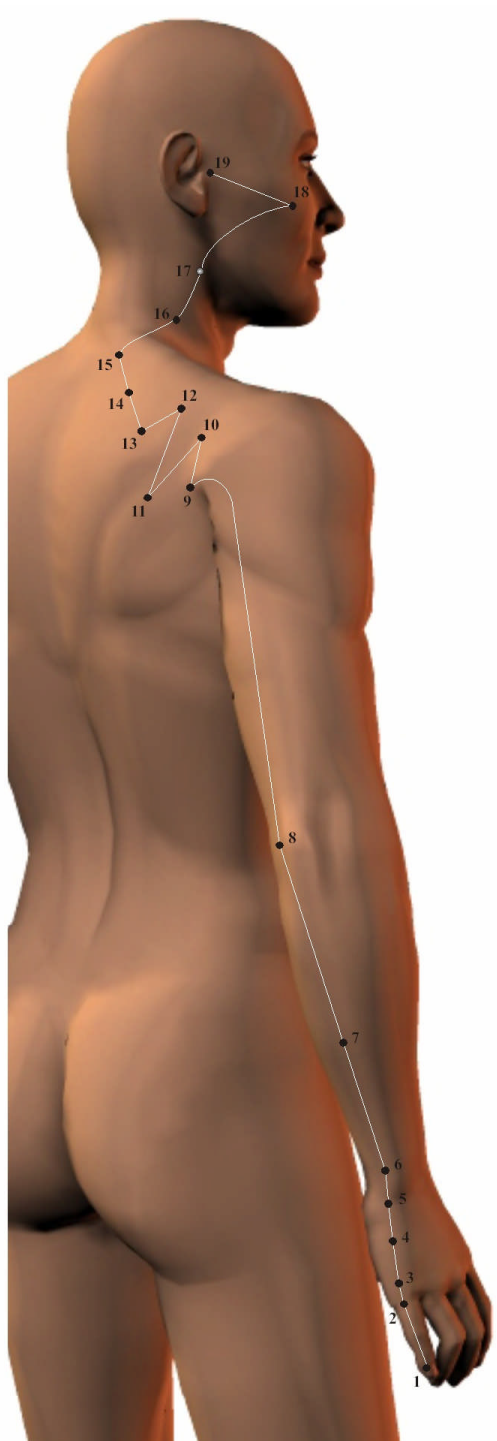
Earth	SI8 Sedation Pt
Fire	SI5 Horary Pt
Wood	SI3 Tonification Pt
Water	SI2
Metal	SI1
Luo	SI7
Xi-Cleft	SI6
Source	SI4

Small Intestine

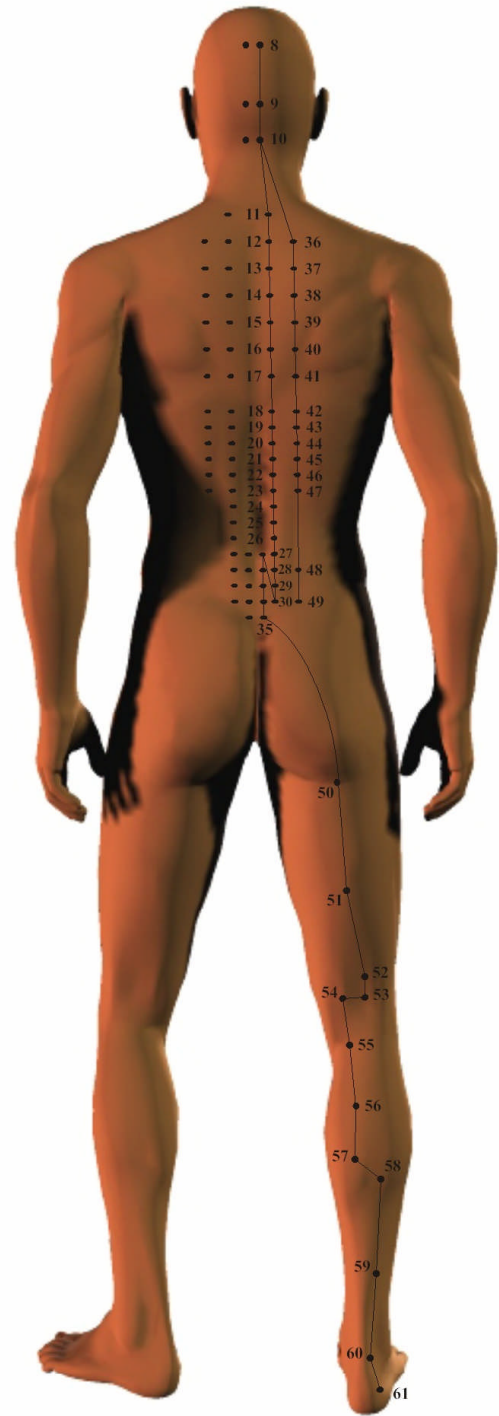
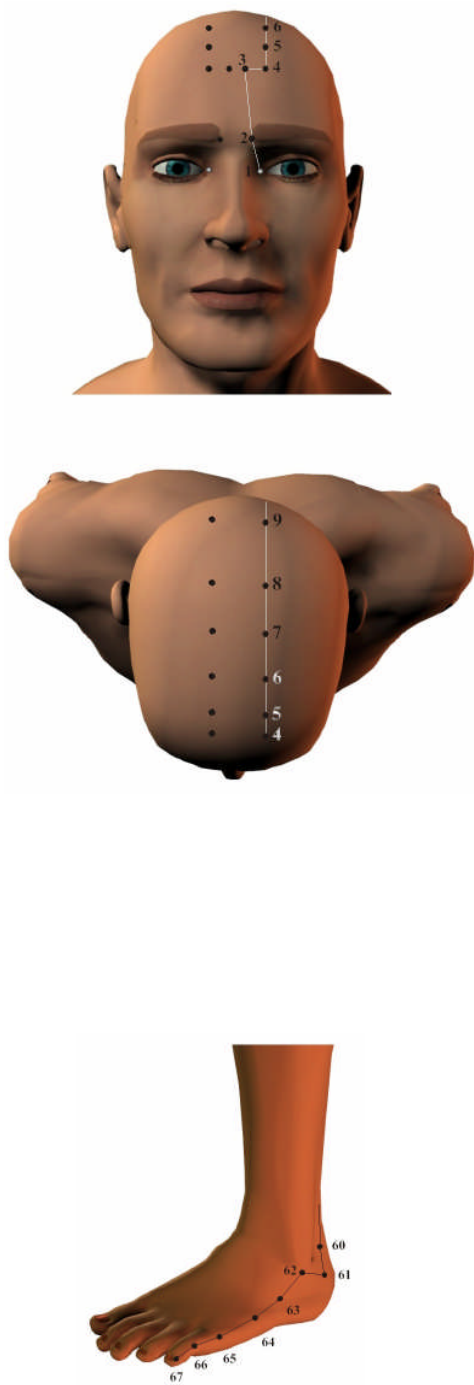
Fire Element

Correspondences

Color	Red
Flavor	Bitter
Sense	Tongue
Emotion	Joy
Tissue	Pulse
Climate	Heat
Sounds	Laughing
Odor	Scorched
Season	Summer
Direction	South



Bladder Meridian (BL)



Kidney Meridian (KI)

Command Points

Water	KI10 Horary Pt
Metal	KI7 Tonification Pt
Earth	KI3
Fire	KI2
Wood	KI1 Sedation Pt
Luo	KI4
Xi-Cleft	KI5
Source	KI3

Kidney

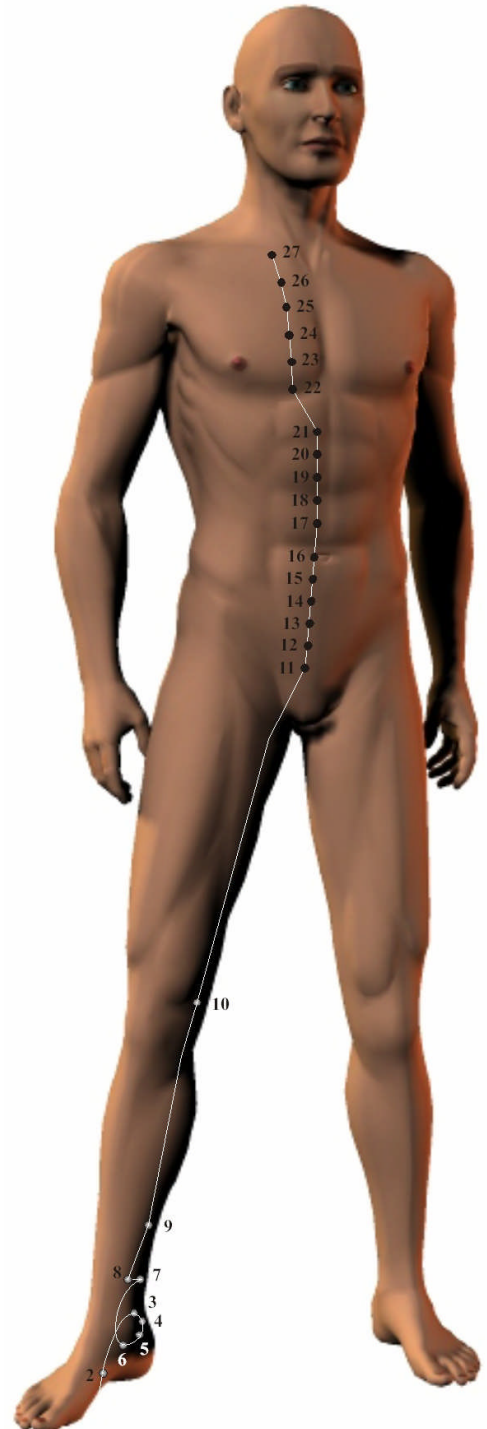
Water Element

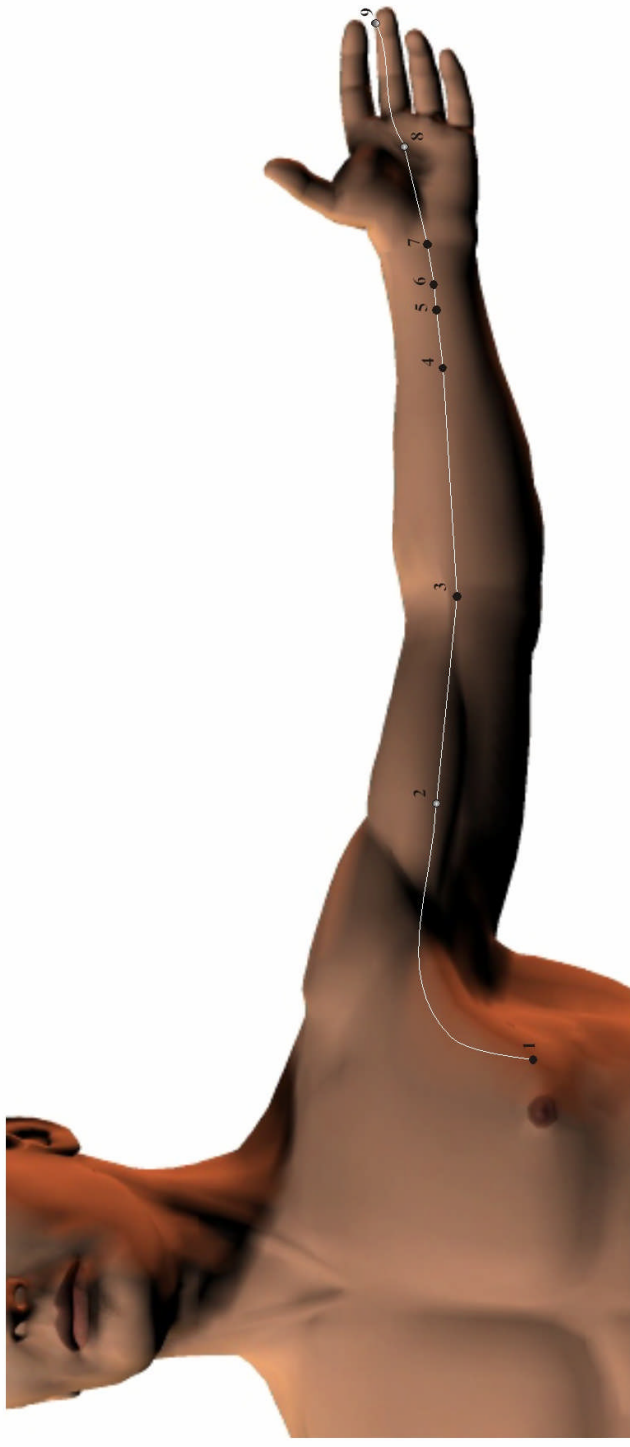
Correspondences

Color	Blue/Black
Flavor	Salty
Sense	Ears
Emotion	Fear
Tissue	Bones
Climate	Cold
Sounds	Groaning
Odor	Putrid
Season	Winter
Direction	North

Cardinal Points

KI27 Neurological Confusion, Master Associated Pt.





Pericardium Meridian (P, PC)

The Hand Terminal Yin (Jue Yin) of the Pericardium 9 points

The pericardium channel of the Hand-Jueyin originates in the chest lateral to the nipple. It then ascends to the axillary fossa and runs along the medial aspect of the upper arm, passing through the cubital fossa. It goes further downward to the forearm between the tendons of the m. palmaris longus and m. flexor carpi radialis. It enters the palm and passes along the middle finger to its tip.

**Triple Warmer
(San Jiao) Meridian
(TW, TB, SJ)**

Command Points

Earth	TW10 Sedation Pt
Fire	TW6 Horary Pt
Wood	TW3 Tonification Pt
Water	TW2
Metal	TW1
Luo	TW5
Xi-Cleft	TW7
Source	TW4

Triple Warmer

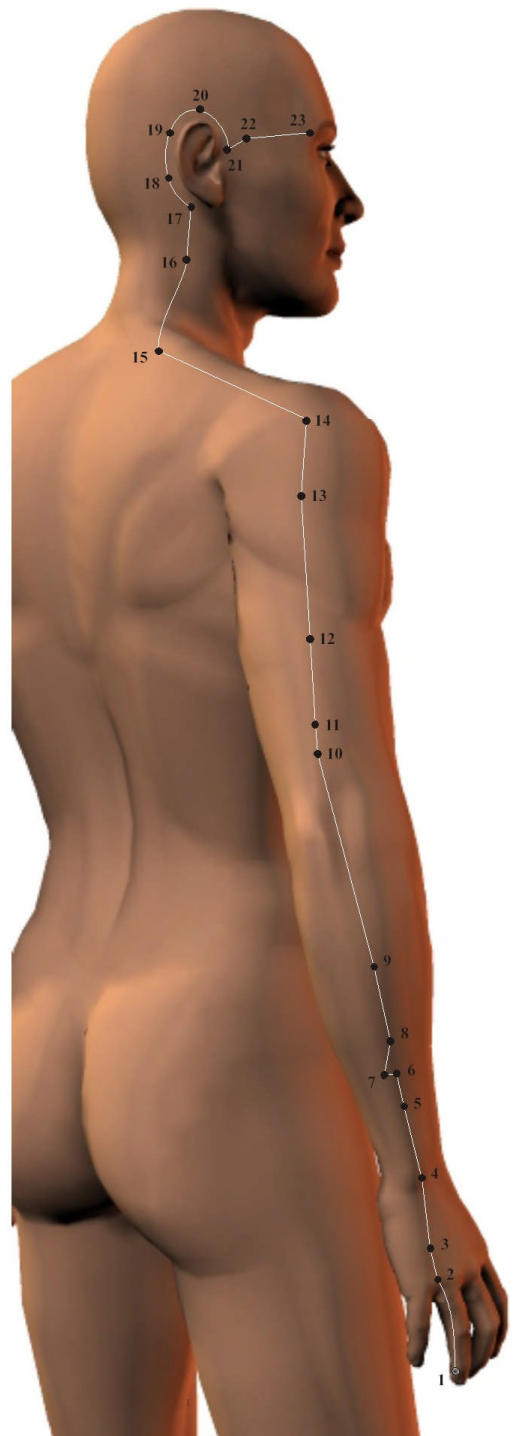
Fire Element

Correspondences

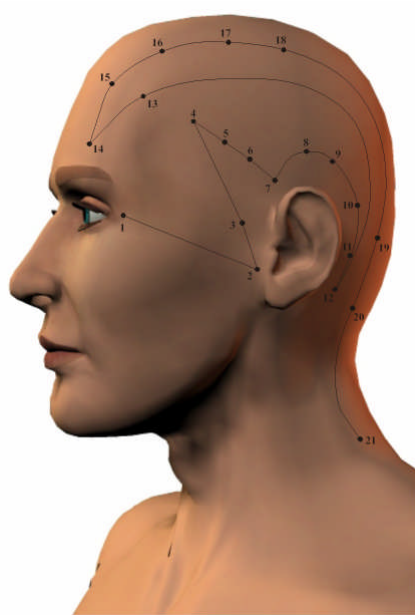
Color	Red
Flavor	Bitter
Sense	Tongue
Emotion	Joy
Tissue	Pulse
Climate	Heat
Sounds	Laughing
Odor	Scorched
Season	Summer
Direction	South

Cardinal Points

TW5 Hand, Arm, Neck
and Ear



Gallbladder Meridian (GB)



Command Points

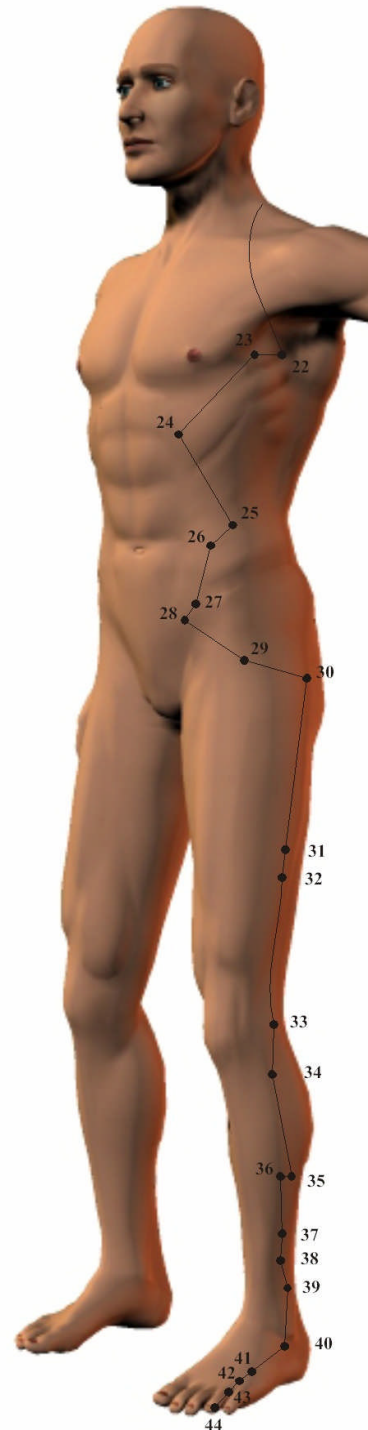
Earth	GB34
Fire	GB38 Sedation Pt
Wood	GB41 Horary Pt
Water	GB43 Tonification Pt
Metal	GB44
Luo	GB37
Xi-Cleft	GB36
Source	GB40

Gallbladder

Wood Element

Correspondences

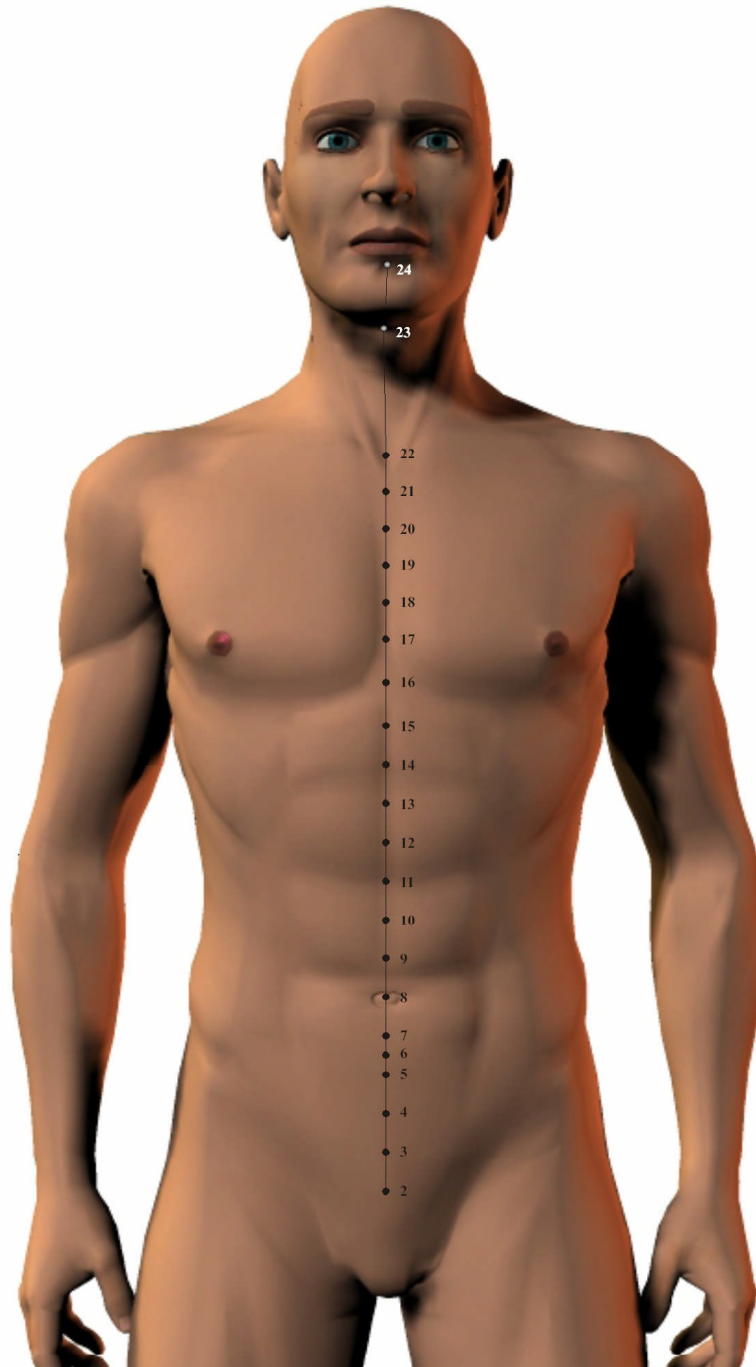
Color	Green
Flavor	Sour
Sense	Eyes
Emotion	Anger
Tissue	Tendons
Climate	Wind
Sounds	Shouting
Odor	Rancid
Season	Spring
Direction	East



CV23 Lianquan - On the midline, in the depression superior to the hyoid bone.

CV24 Chengjiang - In the depression in the center of the mentolabial groove, below the middle of the lower lip.

Conception Vessel Meridian (CV, Ren)



Liver Meridian (LI)

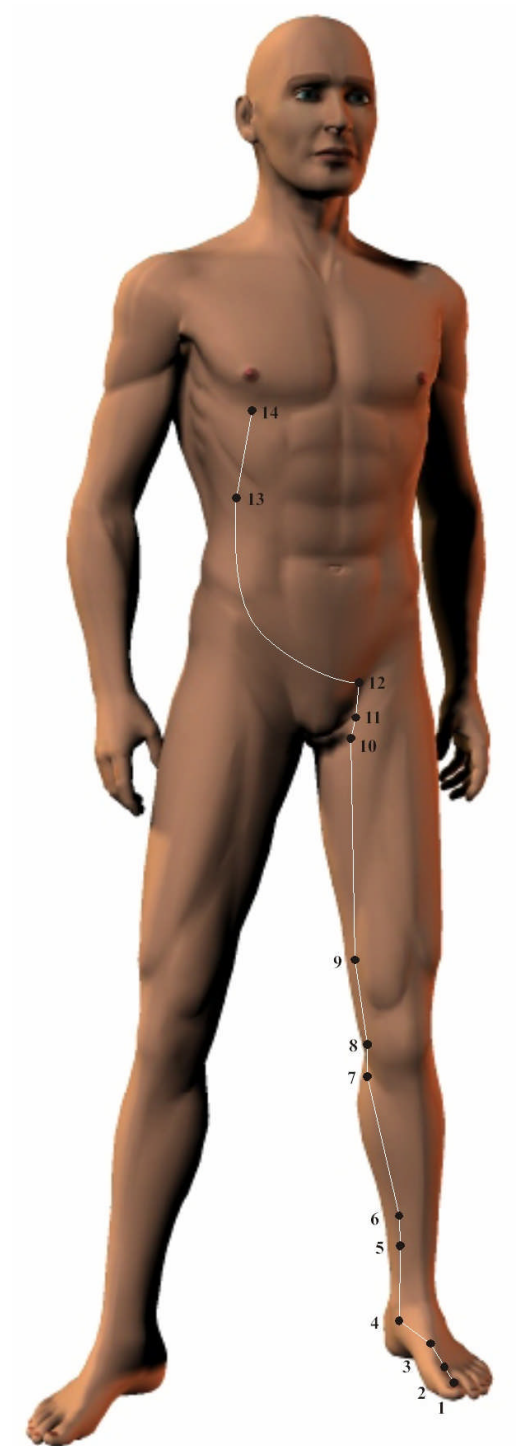
Command Points

Water	LV8 Tonification Pt
Metal	LV4
Earth	LV3
Fire	LV2 Sedation Pt
Wood	LV1 Horary Pt
Luo	LV5
Xi-Cleft	LV6
Source	LV3

Liver - Wood Element

Correspondences

Color	Green
Flavor	Sour
Sense	Eyes
Emotion	Anger
Tissue	Tendons
Climate	Wind
Sounds	Shouting
Odor	Rancid
Season	Spring
Direction	East



Governing Vessel (GV, DU)

